

January

SAT, 11 JAN
Karambaini Tigoni Hike
Easy Hike

SAT, 18 JAN
TT Awards 2025
TipwaTipwa Annual Awards

SAT, 25 JAN
Gatamaiyu 3 Hike
Moderate Hike

February

SAT, 1 FEB
Mt. Longido Hike
Difficult Hike 1200M Elev Gain

SAT, 15 FEB
Kahunira Waterfall Hike
Easy Hike

FRI 21 – MON, 24 FEB
Kili Marathon Rd Trip
Marathon

March

SAT, 15 MAR
Mt Longonot Hike
Moderate to Difficult Hike

SUN, 23 MAR
TipwaTipwa Club Run
5km, 10km, 15km, 15km, 30km

June

SAT, 7 JUN
Rhino Hill Hike
High Altitude

SAT, 14 JUN
Quiz Night
Quizzically Fit

THU, 19 – SUN, 22 JUN
Mt Elgon Hike
Kenya to Uganda Traverse

SUN, 22 JUN
TipwaTipwa Club Ride

SAT, 28 JUN
Satima
High Altitude

April

SAT, 12 APR
Iveti Hills
Moderate Hike

SUN, 27 APR
TipwaTipwa Club Ride


May

THU, 1 MAY
Kijabe Traverse
Difficult Hike

SAT, 10 MAY
Kijabe Reloaded
Difficult Hike

SAT, 24 MAY
Elephant Hill
Difficult Hike

For more Information, contact us:

 +254 708 418 440

 events@tipwatipwa.com

 www.tipwatipwa.com

 [tipwatipwa](https://www.instagram.com/tipwatipwa)

 [tipwatipwafitness](https://www.facebook.com/tipwatipwafitness)

July

THU, 10 – THU, 17 JUL
Mt Kilimanjaro Hike
Lemosho Route

SAT, 26 JUL
Mundoro Hill Hike
Moderate Hike

August

SAT, 2 AUG
Thompsons falls Hike
Explore Nyahururu and Subukia

SAT, 16 AUG
TipwaTipwa Club Swim

September

SAT, 13 SEP
Eburru West Hike
Easy - Moderate Hike

SUN, 21 SEP
TipwaTipwa Club Run
5km, 10km, 15km, 15km, 30km

SAT, 27 SEP
Menengai Crater Hike
Moderate to Difficult Hike

SUN, 28 SEP
TipwaTipwa Club Ride

October

THU, 9 – SUN, 12 OCT
Mt Meru Hike
Difficult Hike

November

SAT, 8 NOV
Fit Fam Day
Swim, Bike, Run, Hike

SAT, 15 NOV
Makueni Hike
Moderate Hike

SAT, 22 NOV
TipwaTipwa Club Swim

December

MON, 1 DEC
**Sagana Water Rafting
and Ziplining**
Fun Day Thrilling Adventure

- Ratings can be affected by weather conditions
- Gear and other requirements are published with each activity
- Event dates may change

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